Jonah Paquette, Psy.D.

KEYNOTE SPEAKER | AUTHOR | PSYCHOLOGIST

About

Dr. Jonah Paquette is a clinical psychologist, author, and speaker specializing in the science of happiness and emotional fitness. Jonah's work focuses on teaching skills for well-being so that organizations and individuals can reach their fullest potential and flourish.

Keynote Options:

The Emotionally Fit Team: Fostering Well-Being at Work
The "Wow Effect": The Secret Ingredient for Thriving
From Grateful to Great: How Gratitude Transforms Teams
Connection at Work: Your Organizational Superpower
The Power of Focus: Achieving a Mindset for Sucess

EDUCATION

PGSP-STANFORD PSY.D. CONSORTIUM
Doctor of Psychology in Clinical Psychology

COLUMBIA UNIVERSITY
Bachelor's Degree in Psychology and History

SAMPLE OF PREVIOUS CLIENTS

GOOGLE
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KAISER PERMANENTE
PSYCHOTHERAPY NETWORKER
CAPE COD INSTITUTE
BETTER UP
DIGITAL OCEAN

SERVICES

- Keynote Presentations
- Professional Workshops and Seminars
- Media Appearances
- Consultation
- Media Appearances

BOOKS

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